



September



Birchwood Wellness Calendar



2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>10:00 Worship with Brad—CH 1:00 AD Kingdom & Empire Miniseries Ep.1 —CH</p>	<p>2 <u>Labor Day</u></p> 	<p>3</p> <p>10:00 Catholic Church Service—CH 10:45 Havin' A Ball Exercise—CH 11:30 Social Visits/1:1's—AA 1:00 Hand Massages—AA 2:00 Happy Hour—DR 3:00 Outdoor Visits—CY 5:45 Table Games—CH</p>	<p>4</p> <p>10:00 Worship with Crossroads—CH 10:45 Exercise—CH 11:30 Social Visits/1:1's—AA 2:00 Music with Steve Rosa—DR 3:00 Outdoor Visits—CY 5:30 Western Wednesdays—CH</p>	<p>5</p> <p>9:30 Rosary Group—CH 10:00 Dog Visits—AA 10:30 Basic Weights—CH 11:15 Name That Tune—CH 2:00 BINGO—DR 3:30 Outdoor Visits—CY 5:30 Roaming Spa Station—Ave</p>	<p>6 <u>Read A Book Day</u></p> <p>10:30 Cardio Biking—WL 11:00 Social Visits/1:1's—AA 1:30 Crossword—CH 3:00 Short Stories & Book Grab—DR 6:30 Bingo with Eagle Brook—DR</p>	<p>7</p> <p>1:00 Fancy Nails—AA 1:30 Trivia/Current Events—DR 2:30 Afternoon Movie—CH</p>
<p>8 <u>Grandparents Day</u></p> <p>10:00 Worship w/ Chisago Lakes Baptist Church—CH 1:00 Fancy Nails—AA 2:00 AD Kingdom & Empire Miniseries Ep.2 —CH</p>	<p>9</p> <p>10:00 Resident Council—CH 1:30 Bible Study with Pastor Richard—CH 2:30 Outdoor Visits—CY 5:30 Nature Documentary—CH</p>	<p>10</p> <p>10:00 Catholic Church Service—CH 10:45 Havin' A Ball Exercise—CH 11:30 Social Visits/1:1's—AA 2:00 Lioness Bingo—DR 3:30 Outdoor Visits—CY 5:45 Table Games—CH</p>	<p>11 <u>9/11 Remembrance Day</u></p> <p>10:00 Worship with Forest Hills—CH 10:45 Exercise—CH 11:30 Social Visits/1:1's—AA 1:30 9/11 Documentary—CH 3:00 Outdoor Visits—CY 5:30 Western Wednesdays—CH</p>	<p>12</p> <p>9:30 Rosary Group—CH 10:00 Dog Visits—AA 10:30 Basic Weights—CH 11:15 Reminiscing Group—CH 2:00 BINGO—DR 3:30 Outdoor Visits—CY 5:30 Roaming Spa Station—Ave</p>	<p>13 <u>National Peanut Day</u></p> <p>9:30 Hymn Sing—CH 11:00 Social Visits/1:1's—AA 1:30 Crossword—CH 3:00 Peanut Butter Cookies & Card Games—DR 6:00 Evening Movie—CH</p>	<p>14</p> <p>1:00 Fancy Nails—AA 2:30 Table Games—DR 3:30 Afternoon Movie—CH 4:00 Social Visits/1:1's—AA</p>
<p>15</p> <p>9:15 Faith Sunday School Kids—CH 10:00 Worship with Pastor Richard—CH 1:00 Fancy Nails—AA 2:00 AD Kingdom & Empire Miniseries Ep.3 —CH</p>	<p>16</p> <p>10:30 Exercise—CH 1:30 Bible Study with Pastor Richard—CH 2:30 Amy & Adams Music—DR 5:30 Nature Documentary—CH</p>	<p>17</p> <p>10:00 Catholic Church Service—CH 10:45 Havin' A Ball Exercise—CH 11:30 Social Visits/1:1's—AA 2:00 Monthly Birthday Party—DR 3:30 Outdoor Visits—CY 5:45 Table Games—CH</p>	<p>18</p> <p>10:00 Faith Lutheran Church—CH 10:45 Exercise—CH 11:30 Social Visits/1:1's—AA 1:30 Art Show-Front Lobby 3:00 Service of Remembrance—CH 5:30 Western Wednesdays—CH</p>	<p>19</p> <p>9:30 Rosary Group—CH 10:00 Dog Visits—AA 11:15 Name That Tune—CH 2:00 BINGO—DR 3:30 Outdoor Visits—CY 4:30 Basic Weights—CH 6:30 Music with Kelly—CH</p>	<p>20</p> <p>10:30 Cardio Biking—WL 11:00 Social Visits/1:1's—AA 1:30 Happy Hour—DR 3:00 Card Games—DR 6:00 Evening Movie—CH</p>	<p>21 <u>International Peace Day</u></p> <p>1:00 Fancy Nails—AA 2:30 Trivia/Current Events—DR 3:30 Afternoon Movie—CH 4:00 Social Visits/1:1's—AA</p>
<p>22</p> <p>12:00 Fancy Nails—AA 1:00 AD Kingdom & Empire Miniseries Ep.4 —CH 3:30 Worship w/ Forest Lake Christian Church—CH</p>	<p>23 <u>1st Day of Fall</u></p> <p>10:30 Exercise —CH 11:00 Social Visits/1:1's—AA 1:30 Bible Study with Pastor Richard—CH 2:30 Fall Social—DR 5:30 Nature Documentary—CH</p>	<p>24</p> <p>10:00 Catholic Church Service—CH 10:45 Havin' A Ball Exercise—CH 11:30 Social Visits/1:1's—AA 1:00 Hand Massages—AA 3:00 Outdoor Visits—CY 5:45 Table Games—CH</p>	<p>25</p> <p>10:00 Worship with Pastor B.—CH 10:45 Exercise—CH 11:30 Social Visits/1:1's—AA 1:30 Lifetime of Learning—CH 3:00 Garden Club (Outdoors)- CY 5:30 Western Wednesdays—CH</p>	<p>26</p> <p>9:30 Rosary Group—CH 10:00 Dog Visits—AA 10:30 Basic Weights—CH 11:15 Reminiscing Group—CH 2:00 BINGO—DR 3:30 Outdoor Visits—CY 5:30 Roaming Spa Station—Ave</p>	<p>27</p> <p>9:30 Hymn Sing—CH 10:30 Cardio Biking—WL 11:00 Social Visits/1:1's—AA 1:00 Table Games—DR 2:00 Afternoon Movie—CH</p>	<p>28</p> <p>10:00 Pastor Visits/1:1's—AA 1:00 Afternoon Movie—CH</p>
<p>29 <u>Rosh Hashanah Begins</u></p> <p>10:00 Worship with Pastor Richard—CH 1:00 AD Kingdom & Empire Miniseries Ep.5 —CH</p>	<p>30</p> <p>11:00 Social Visits/1:1's—AA 1:30 Bible Study with Pastor Richard—CH 2:00 Music with Vinnie—DR 5:30 Nature Documentary—CH</p>				<p>FS = Fireside L=Lobby CH = Chapel WL = West Lounge DR= 1st floor dining room AA = All Around CY= Courtyard</p>	<p>This calendar is subject to change. Please watch bulletin board by main dining room for any changes made.</p>