







# April



# Birchwood Wellness Calendar

# 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>FS = Fireside</b> <b>L=Lobby</b> <b>CH = Chapel</b> <b>WL = West Lounge</b> <b>DR= 1st floor dining room</b> <b>AA = All Around</b>	<b>1</b> 9:30 Exercise with Jess—CH 11:00 Social Visits/1:1's—AA 1:30 Bible Study with Pastor Richard—CH 2:30 Crossword—CH 5:30 Documentary—CH	<b>2</b> 10:00 Catholic Church Service—CH 10:45 Havin' A Ball Exercise—CH 11:30 Social Visits/1:1's—AA 2:00 Music with Mary Hall—DR 4:00 Reminiscing Group—CH 6:15 Comedy Hour—CH	<b>3</b> 10:00 Crossroads Church—CH 10:45 Exercise—CH 11:15 Music & Memory—CH 1:30 Coffee & Trivia—DR 3:30 Crossword—CH 6:15 Nature Documentary—CH	<b>4</b> 9:30 Rosary Group—CH 10:00 Dog Visits—AA 10:30 Basic Weights—CH 11:15 Music & Meditation—CH 2:00 BINGO—DR 4:00 Reminiscing Group—CH 6:15 Comedy Hour—CH	<b>5</b> 10:30 Cardio Biking—WL 11:00 Social Visits/1:1's—AA 1:30 Coffee & Short Stories—CH 3:00 Crossword—CH 6:30 Bingo with Eagle Brook—DR	<b>6</b> 12:30 Fancy Nails—AA 2:30 Trivia/Current Events—DR 4:00 Social Visits/1:1's—AA
<b>7</b> 10:00 Worship with Brad—CH 11:00 Fancy Nails—AA 1:00 Charlie's Music—CH	<b>8</b> 9:30 Exercise with Jess—CH 10:00 Resident Council—CH 1:30 Bible Study with Pastor Richard—CH 2:30 Crossword—CH 5:30 Documentary—CH	<b>9</b> 10:00 Catholic Church Service—CH 10:45 Havin' A Ball Exercise—CH 11:30 Social Visits/1:1's—AA 1:30 Hand Massages—AA 3:30 Reminiscing Group—CH 6:15 Comedy Hour—CH	<b>10</b> 10:00 Worship with Pastor Richard—CH 10:45 Exercise—CH 11:15 Music & Memory—CH 1:30 Coffee & Trivia—DR 3:30 Crossword—CH 6:15 Nature Documentary—CH	<b>11 Pet Day</b> 9:30 Rosary Group—CH 10:00 Dog Visits—AA 10:30 Basic Weights—CH 11:15 Music & Meditation—CH 2:00 BINGO—DR 4:00 Reminiscing Group—CH 6:15 Comedy Hour—CH	<b>12</b> 9:30 Hymn Sing—CH 10:30 Cardio Biking—WL 11:00 Social Visits/1:1's—AA 1:30 Happy Hour—DR 3:00 Crossword—CH 6:15 Evening Movie—CH	<b>13</b> 12:00 Fancy Nails—AA 2:30 Trivia/Current Events—DR 4:00 Social Visits/1:1's—AA
<b>14 Palm Sunday</b> 10:00 Worship with Chisago Lakes Baptist Church—CH 11:00 Fancy Nails—AA 1:00 Charlie's Music—CH	<b>15</b> 9:30 Exercise with Jess—CH 11:00 Social Visits/1:1's—AA 1:30 Bible Study with Pastor Richard—CH 2:30 Crossword—CH 5:30 Documentary—CH	<b>16</b> 10:00 Catholic Church Service—CH 10:45 Havin' A Ball Exercise—CH 11:30 Social Visits/1:1's—AA 2:00 Monthly Birthday Party—DR 4:00 Reminiscing Group—CH 6:15 Comedy Hour—CH	<b>17</b> 10:00 Faith Lutheran Church—CH 10:45 Exercise—CH 11:15 Music & Memory—CH 1:30 Coffee & Trivia—DR 3:30 Crossword—CH 6:15 Nature Documentary—CH	<b>18</b> 9:30 Rosary Group—CH 10:00 Dog Visits—AA 1:00 Basic Weights—CH 2:00 BINGO—DR 4:00 Reminiscing Group—CH 6:30 Music with Kelly—CH	<b>19 Good Friday</b> 10:00 Good Friday Service—CH 11:00 Cardio Biking—WL 1:30 Hymn Sing with Deb—CH 3:00 Crossword—CH 6:15 Evening Movie—CH	<b>20</b> 12:00 Fancy Nails—AA 2:30 Trivia/Current Events—DR 4:00 Social Visits/1:1's—AA
<b>21 Easter</b> 10:00 Worship with Pastor Richard—CH 11:00 Fancy Nails—AA 1:00 Afternoon Movie—Chapel 	<b>22 Earth Day</b> 9:30 Exercise with Jess—CH 11:00 Social Visits/1:1's—AA 1:30 Bible Study with Pastor Richard—CH 2:00 Music with Vinnie—DR 4:00 Crossword—CH 5:30 Documentary—CH	<b>23</b> 10:00 Catholic Church Service—CH 10:45 Havin' A Ball Exercise—CH 11:30 Social Visits/1:1's—AA 2:00 Bingo with Hasting's Vet Home—DR 4:00 Reminiscing Group—CH 6:15 Comedy Hour—CH	<b>24</b> 10:00 Worship with Pastor Richard—CH 10:45 Exercise—CH 11:15 Music & Memory—CH 1:30 Garden Club—DR 3:30 Crossword—CH 6:15 Nature Documentary—CH	<b>25</b> 9:30 Rosary Group—CH 10:00 Dog Visits—AA 10:30 Basic Weights—CH 11:15 Music & Meditation—CH 2:00 BINGO—DR 4:00 Reminiscing Group—CH 6:15 Comedy Hour—CH	<b>26</b> 9:30 Hymn Sing—CH 10:30 Cardio Biking—WL 11:00 Social Visits/1:1's—AA 1:30 Coffee & Short Stories—DR 3:00 Crossword—CH 6:15 Evening Movie—CH	<b>27</b> 10:00 Trivia/Current Events—DR 11:00 Fancy Nails—AA 2:00 Saturday Movie—CH
<b>28</b> 10:00 Movie—CH 1:00 Charlie's Music—CH 2:00 Social Visits/1:1's—AA 3:30 Worship with Forest Lake Christian Church—CH	<b>29</b> 9:30 Exercise with Jess—CH 11:00 Social Visits/1:1's—AA 1:30 Bible Study with Pastor Richard—CH 2:30 Crossword—CH 5:30 Documentary—CH	<b>30</b> 10:00 Catholic Church Service—CH 10:45 Havin' A Ball Exercise—CH 11:30 Social Visits/1:1's—AA 1:30 Hand Massages—AA 2:00 Coffee Chat with the Chef—DR 3:30 Reminiscing Group—CH 6:15 Comedy Hour—CH				<b>This calendar is subject to change. Please watch bulletin board by main dining room for any changes made.</b>

