





# May

# Birchwood Wellness Calendar

# 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>O = Outside</b>  <b>FS = Fireside</b>  <b>L=Lobby</b>  <b>CH = Chapel</b>  <b>WL = West Lounge</b>  <b>DR= 1st floor dining room</b>  <b>AA = All Around</b></p>	<p>This calendar is subject to change. Please watch bulletin board by main dining room for any changes Made.</p>	<p>1  10:00 Catholic Service-CH  10:30 Havin' A Ball-CH  11:00 Social Visits/1:1's-AA  1:00 Blackjack with Jim-DR  2:00 Music with Keith-DR  6:15 Bible Study w/ Maynard-CH</p>	<p>2  10:00 Worship with Crossroads-CH  11:00 Social Visits/1:1's-AA  1:00 Exercise-CH  2:00 Comedy Hour-CH  3:30 Outdoor Visits-O  5:45 Planet Earth Documentary-CH  *Walmart outing (loading bus @ 12:30pm)</p>	<p>3  9:30 Rosary Group-CH  10:00 Dog Visits-AA  11:00 Social Visits/1:1's-AA  1:00 Basic Weights-CH  2:00 Bingo-DR  3:30 Outdoor Visits-O  5:30 The Crown (Documentary)-CH</p>	<p>4  10:15 Mosaic Tile Art-CH  1:00 Exercise Fun-CH  2:00 Movie-CH  4:00 Social Visits/1:1's-AA  6:30 Bingo with Eagle Brook-DR</p>	<p>5  12:00 Fancy Nails-AA  2:00 May Trivia-DR  3:30 Social Visits/1:1's-AA</p>
<p>6  10:00 Worship with Brad-CH  10:45 Social Visits/1:1's-AA  1:00 Crossword-CH</p>	<p>7  9:30 Strong Spirits and Movements-CH  10:00 Resident Council-CH  12:45 Stories of the Heart-CH  2:00 Music with Ron-DR  3:30 Outdoor Visits-O  5:30 Documentary-CH</p>	<p>8  10:00 Catholic Service-CH  10:30 Havin' A Ball-CH  11:00 Social Visits/1:1's-AA  1:00 Bible Study with Jim-DR  2:00 Lioness Bingo-DR  3:15 Men's Group @ Arbors-Lobby  6:15 Bible Study w/Maynard-CH</p>	<p>9  10:00 Worship with Forest Hills-CH  11:00 Social Visits/1:1's-AA  1:00 Exercise-CH  2:00 Happy Hour-DR  3:30 Outdoor Visits-O  5:45 Planet Earth Documentary-CH</p>	<p>10  9:30 Rosary Group-CH  10:00 Dog Visits-AA  11:00 Social Visits/1:1's-AA  1:00 Basic Weights-CH  2:00 Bingo-DR  3:30 Outdoor Visits-O  5:30 The Crown (Documentary)-CH</p>	<p>11  9:30 Hymn Sing-CH  10:15 Mosaic Tile Art-CH  2:00 Movie-CH  4:00 Social Visits/1:1's-AA</p>	<p>12  2:30 Hymn Sing with Deb-CH  3:30 Social Visits/1:1's-AA  5:00 Fancy Nails-AA</p>
<p><u>13 Mother's Day</u>  10:00 Worship with Chisago Lakes Baptist Church-CH  10:45 Social Visits/1:1's-AA  1:00 Mother's Day Trivia/Facts-DR</p> 	<p>14  9:30 Strong Spirits and Movements-CH  1:00 Birchwood Men's Group-CH  2:00 Music with Vinnie-DR  3:30 Outdoor Visits-O  5:15 Documentary-CH</p>	<p>15  10:00 Catholic Service-CH  10:30 Havin' A Ball-CH  11:00 Social Visits/1:1's-AA  1:00 Blackjack with Jim-DR  2:00 Monthly Birthday Party-DR  3:30 Service of Remembrance-CH  6:15 Bible Study w/Maynard-CH</p>	<p>16  10:00 Faith Lutheran Church-CH  11:00 Social Visits/1:1's-AA  1:00 Resident Support Group-CH  2:00 Comedy Hour-CH  3:30 Outdoor Visits-O  5:45 Planet Earth Documentary-CH  *Walmart outing (loading bus at 12:30)</p>	<p>17  9:30 Rosary Group-CH  10:00 Dog Visits-AA  1:00 Basic Weights-CH  2:00 Bingo-DR  3:30 Outdoor Visits-O  6:30 Music with Kelly-CH</p>	<p>18  10:00 Cards with Darlene &amp; Jackie-CH  1:00 Exercise Fun-CH  2:00 Music with Keith-DR  4:00 Social Visits/1:1's-AA</p>	<p>19  12:00 Fancy Nails-AA  2:00 Flower Trivia/Facts-DR  3:30 Social Visits/1:1's-AA</p>
<p>20  10:00 Worship with Pastor Jim-CH  10:45 Social Visits/1:1's-AA  1:00 Crossword-CH  2:00 Bingo with Laura and Friends-DR</p>	<p>21  9:30 Strong Spirits and Movements-CH  12:45 Stories of the Heart-CH  2:00 Garden Club-DR  3:15 Travels with Jim to Tanzania-CH  5:30 Documentary-CH</p>	<p>22  10:00 Catholic Service-CH  10:30 Havin' A Ball-CH  11:00 Social Visits/1:1's-AA  1:00 Bible Study with Jim-DR  2:00 Travel Club-CH  3:15 Men's Group @ Arbors-Lobby  6:15 Bible Study w/Maynard-CH</p>	<p>23  10:00 Worship with Jim-CH  11:00 Social Visits/1:1's-AA  1:00 Exercise-CH  2:00 Bingo with Hastings Vet Home-DR  3:30 Outdoor Visits-O  5:45 Planet Earth Documentary-CH</p>	<p>24  9:30 Rosary Group-CH  10:00 Dog Visits-AA  11:00 Social Visits/1:1's-AA  1:00 Basic Weights-CH  2:00 Bingo-DR  3:30 Outdoor Visits-O  5:30 The Crown (Documentary)-CH</p>	<p>25  9:30 Hymn Sing-CH  10:15 Mosaic Tile Art-CH  2:00 Music with Bob Scoggin-DR  4:00 Social Visits/1:1's-AA</p>	<p>26  12:00 Fancy Nails-AA  2:00 Bird Trivia/Facts-DR  3:30 Social Visits/1:1's-AA</p>
<p>27  1:00 Crossword-CH  2:00 Social Visits/1:1's-AA  3:30 Worship with Forest Lake Christian Church-CH</p>	<p><u>28 Memorial Day</u>  10:00 Memorial Day Trivia-DR  11:00 Social Visits/1:1's-AA  1:00 Movie- CH</p> 	<p>29  10:00 Catholic Service-CH  10:30 Havin' A Ball-CH  11:00 Social Visits/1:1's-AA  1:00 Hangman-CH  2:00 Music with Keith-DR  6:15 Bible Study w/ Maynard-CH</p>	<p>30 <u>National Senior Health &amp; Fitness Day</u>  10:00 Current Events &amp; News- DR  11:00 Social Visits/1:1's-AA  1:00 Exercise-CH  2:00 Comedy Hour-CH  3:00 Senior Fitness Walk w/ Arbors-O  5:45 Planet Earth Documentary-CH  *Thrift Store (loading bus at 12:30)</p>	<p>31  9:30 Rosary Group-CH  10:00 Dog Visits-AA  11:00 Social Visits/1:1's-AA  1:00 Basic Weights-CH  2:00 Bingo-DR  3:30 Outdoor Visits-O  5:30 The Crown (Documentary)-CH</p>	