






# Birchwood Arbors Wellness Calendar—April 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p>  <p><b>10:00 Easter Service with Brad—AR</b></p> <p><b>2:00 Ice Cream Social with Kris—DR</b></p>	<p><b>2</b> <b>9:30 Exercise w/Jess—CH</b></p> <p><b>10:30 Wellness with Rachel, RN—AR</b></p> <p><b>1:00 Stories of the Heart—CH</b></p> <p><b>2:00 Word Game—AR</b></p> <p><b>3:30 Kickball—AR</b></p> <p><b>5:00 Card Club—AR</b></p>	<p><b>3</b></p> <p><b>9:30 Garden Painting w/Kris—WR</b></p> <p><b>10:00 Catholic Service—CH</b></p> <p><b>2:00 Bingo—DR</b></p> <p style="padding-left: 40px;"><b>Schwan's—C</b></p> <p><b>3:30 Exercise—AR</b></p> <p><b>6:15 Bible Study w/ Maynard—CH</b></p>	<p><b>4</b></p> <p><b>9:30 Trivia—AR</b></p> <p><b>10:00 Worship Crossroads—CH</b></p> <p><b>10:30 Coffee Talk—AR</b></p> <p><b>2:00 Exercise w/YMCA Silver Sneakers—AR</b></p> <p><b>3:15 Bible Study with Jim—AR</b></p>	<p><b>5</b></p> <p><b>9:30 Rosary—CH</b></p> <p><b>10:00 Documentary—AR</b></p> <p style="padding-left: 40px;"><b>"Hello Neighbor"</b></p> <p><b>1:00 Parkinson's Support Grp--AR</b></p> <p><b>2:00 Wheel of Fortune—DR</b></p> <p><b>3:30 Exercise—AR</b></p>	<p><b>6</b></p> <p><b>9:30 Exercise—AR</b></p> <p><b>10:30 Show and Tell—AR</b></p> <p><b>2:00 Music with Bob Scoggin—DR</b></p> <p><b>3:30 Farkel—AR</b></p> <p><b>6:30 Bingo—CARE CENTER DINING ROOM</b></p>	<p><b>7</b></p> <p><b>10:00 Coffee Talk—AR (Resident Led)</b></p> <p><b>5:30 Saturday Night Movie "Freaky Friday"—Lobby</b></p>
<p><b>8</b></p> <p><b>10:00 Worship with Chisago Lakes Baptist—CH</b></p> <p><b>2:00 Ice Cream Social with Kris—DR</b></p>	<p><b>9</b></p> <p><b>9:30 Exercise w/Jess—CH</b></p> <p><b>10:30 Tenant Meeting—AR</b></p> <p><b>1:00 Stories of the Heart—CH</b></p> <p><b>2:00 Word Game—AR</b></p> <p><b>3:30 Kickball—AR</b></p>	<p><b>10</b> <b>HAPPY BIRTHDAY LOUISE!</b></p> <p><b>10:00 Catholic Service—CH</b></p> <p><b>2:00 Bingo—DR</b></p> <p><b>3:15 Men's Club—L</b></p> <p><b>3:30 Exercise—AR</b></p> <p><b>6:15 Bible Study w/ Maynard—CH</b></p>	<p><b>11</b> <b>9:30 Exercise—AR</b></p> <p><b>10:00 Worship with Jim—CH</b></p> <p><b>10:30 Coffee Talk—AR</b></p> <p><b>12:30 WALMART OUTING (You must sign up with Melissa)</b></p> <p><b>3:15 Blackjack with Jim—AR</b></p> <p><b>5:00 Intergenerational Bible Study with Faith Lutheran—AR</b></p>	<p><b>12</b></p> <p><b>9:30 Rosary—CH</b></p> <p><b>10:30 Tracy's Slideshow—L</b></p> <p><b>2:00 Bingo—DR</b></p> <p><b>3:30 Exercise—AR</b></p>	<p><b>13</b></p> <p><b>9:30 Exercise—AR</b></p> <p><b>10:30 Food Meeting—AR</b></p> <p><b>2:00 Music with Dan Newton--DR</b></p> <p><b>3:30 Farkel—AR</b></p>	<p><b>14</b></p> <p><b>10:00 Coffee Talk—AR (Resident Led)</b></p> <p><b>2:00 Music with Deb—WR</b></p> <p><b>5:30 Saturday Night Movie "Mrs Doubtfire"—Lobby</b></p>
<p><b>15</b> <b>Volunteer Recognition Week</b></p> <p><b>9-10am Intergenerational visits w/ Faith Lutheran—CH</b></p> <p><b>10:00 Worship with Pastor Jim—CH</b></p> <p><b>2:00 Ice Cream Social —DR</b></p>	<p><b>16</b> <b>9:30 Exercise w/Jess—CH</b></p> <p><b>10:15 Northwoods Optics—WR</b></p> <p><b>1:00 Stories of the Heart—CH</b></p> <p><b>2:00 Word Game—AR</b></p> <p><b>3:30 Kickball—AR</b></p> <p><b>5:00 Card Club—AR</b></p>	<p><b>17</b></p> <p><b>10:00 Catholic Service—CH</b></p> <p><b>10:30 Therapy Dogs—L</b></p> <p><b>2:00 Bingo—DR</b></p> <p><b>3:30 Exercise—AR</b></p> <p style="padding-left: 40px;"><b>Schwan's—C</b></p> <p><b>6:15 Bible Study w/ Maynard—CH</b></p>	<p><b>18</b></p> <p><b>9:30 Trivia—AR</b></p> <p><b>10:00 Worship w/Faith Lutheran—CH</b></p> <p><b>10:30 Painting with Vicky—AR</b></p> <p><b>2:00 Exercise w/YMCA Silver Sneakers—AR</b></p> <p><b>3:15 Bible Study with Jim—AR</b></p>	<p><b>19</b> <b>HAPPY BIRTHDAY SHIRLEY S</b></p> <p><b>9:30 Rosary—CH</b></p> <p><b>10:30 OUT TO LUNCH (You must sign up with Melissa)</b></p> <p><b>3:30 Exercise—AR</b></p> <p><b>6:30 Music with Kelly—CH</b></p>	<p><b>20</b></p> <p><b>9:30 Exercise—AR</b></p> <p><b>10:30 Women's Club—AR</b></p> <p><b>1:00 Volunteer Party—AR</b></p> <p><b>3:30 Farkel—AR</b></p>	<p><b>21</b></p> <p><b>10:00 Coffee Talk—AR (Resident Led)</b></p> <p><b>2:00 Social Hour—DR w/Linwood Ladies</b></p> <p><b>5:30 Saturday Night Movie "RV"—Lobby</b></p>
<p><b>22</b></p>  <p><b>2:00 Ice Cream Social with Kris</b></p> <p><b>3:30 Worship with First Christian—CH</b></p>	<p><b>23</b></p> <p><b>9:30 Exercise w/Jess—CH</b></p> <p><b>10:30 Word Game—AR</b></p> <p><b>1:00 Stories of the Heart—CH</b></p> <p><b>2:00 Kickball—AR</b></p> <p><b>3:15 Travels with Jim To Austria—CH</b></p>	<p><b>24</b></p> <p><b>9:30 Garden Painting w/Kris—WR</b></p> <p><b>10:00 Catholic Service—CH</b></p> <p><b>2:00 Bingo—DR</b></p> <p><b>3:15 Men's Club—L</b></p> <p><b>3:30 Exercise—AR</b></p> <p><b>6:15 Bible Study w/ Maynard—CH</b></p>	<p><b>25</b></p> <p><b>9:30 Exercise—AR</b></p> <p><b>10:00 Worship with Jim—CH</b></p> <p><b>10:30 Coffee Talk—AR</b></p> <p><b>12:30 WALMART OUTING (You must sign up with Melissa)</b></p> <p><b>2:00 Stories From the Heart—CH</b></p> <p><b>3:15 Blackjack—AR</b></p>	<p><b>26</b></p> <p><b>9:30 Rosary—CH</b></p> <p style="padding-left: 40px;"><b>12:00-12:45 General Store—WR</b></p> <p><b>2:00 Bingo—AR</b></p> <p><b>3:30 Exercise—AR</b></p>	<p><b>27</b></p> <p><b>9:30 Exercise—AR</b></p> <p><b>10:30 Taste Testing—AR</b></p> <p><b>2:00 Hawaiian Party with Entertainment by Beachcomber Bob—CH</b></p>	<p><b>28</b></p> <p><b>10:00 Coffee Talk—AR (Resident Led)</b></p> <p><b>5:30 Saturday Night Movie "Daddy Daycare"—Lobby</b></p>
<p><b>29</b></p> <p><b>10:00 Worship with Jim—CH</b></p> <p><b>2:00 Ice Cream Social with Kris</b></p>	<p><b>30</b></p> <p><b>9:30 Exercise w/Jess—CH</b></p> <p><b>10:30 Word Game—AR</b></p> <p><b>1:00 Stories of the Heart—CH</b></p> <p><b>2:00 Scattergories—AR</b></p> <p><b>3:30 Kickball—AR</b></p>				<p style="text-align: center;"><b>Room Key</b></p> <p>AR = Activity Room C = Café CH = Chapel DR = Dining Room L = Lobby WR = Wellness Room CC = Care Center Dining</p>	<p style="text-align: center;">This calendar is subject to change. Please look at the daily flyers for any updates. Thank you!!</p>