



March

Birchwood Wellness Calendar

2018

**Sunday****Monday****Tuesday****Wednesday****Thursday****Friday****Saturday**

O = Outside
 FS = Fireside
 L=Lobby
 CH = Chapel
 WL = West Lounge
 DR= 1st floor dining room
 AA = All Around



This calendar is subject to change. Please watch bulletin board by main dining room for any changes Made.



1
 9:30 Rosary Group-CH
 10:00 Dog Visits-AA
 1:00 Basic Weights-CH
 2:00 Bingo-DR
 5:30 Social visits/1:1's-AA

2
 9:30 Hymn Sing-CH
 1:00 Exercise Fun-CH
 2:00 Movie– Evan Almighty-CH
 6:30 Bingo with Eagle Brook-DR

3
 12:00 Fancy Nails-AA
 2:00 March Trivia-DR
 3:30 Social Visits/1:1's-AA

4
 10:00 Worship with Brad-CH
 10:45 Social Visits/1:1's-AA
 1:00 "March" Hangman-CH

5
 9:30 Strong Spirits and Movements-CH
 1:00 Reminiscing Group-DR
 2:00 Music with Ron-DR
 4:00 Social Visits/1:1's

6
 10:00 Catholic Service-CH
 10:30 Havin' A Ball-CH
 11:00 Social Visits/1:1's-AA
 1:00 Blackjack with Jim-DR
 2:00 Williy Wonka and the Chocolate Factory-CH
 6:15 Bible Study w/Maynard-CH

7
 10:00 Worship with Crossroads-CH
 11:00 Social Visits/1:1's-AA
 1:00 Exercise-CH
 2:00 Table Games-DR
 5:30 Planet Earth Documentary-CH

8
 9:30 Rosary Group-CH
 10:00 Dog Visits-AA
 1:00 Basic Weights-CH
 2:00 Bingo-DR
 5:30 Social Visits/1:1's-AA

9
 10:00 Exercise Fun-CH
 1:00 Penny Pitch-CH
 2:00 Movie– Cool Runnings-CH
 4:00 Social Visits/1:1's-AA

10
 12:00 Fancy Nails-AA
 2:00 "United States" Trivia-DR
 3:30 Social Visits/1:1's-AA

11 DAYLIGHT SAVINGS TIME
 10:00 Worship with Chisago Lakes Baptist Church-CH
 10:45 Social Visits/1:1's-AA

12
 9:30 Strong Spirits and Movements-CH
 10:00 Resident Council-CH
 1:00 Gardening Group-DR
 2:00 Music with Vinnie-DR
 4:00 Social Visits/1:1's-AA

13
 10:00 Catholic Service– Father Ben Mass & Confessions-CH
 10:45 Havin' A Ball-CH
 11:00 Social Visits/1:1's-AA
 1:00 Bible Study with Jim-DR
 2:00 Lioness Bingo-DR
 3:15 Men's Group @ Arbors-Lobby
 6:15 Bible Study w/Maynard-CH

14
 10:00 Worship with Jim-CH
 11:00 Social Visits/1:1's-AA
 1:00 Exercise-CH
 2:00 Shamrock Shakes-DR
 5:30 Planet Earth Documentary-CH

15
 9:30 Rosary Group-CH
 10:00 Dog Visits-AA
 1:00 Basic Weights-CH
 2:00 Bingo-DR
 5:30 Social Visits/1:1's-AA
 6:30 Music with Kelly-CH

16
 9:30 Hymn Sing-CH
 10:00 Card Making with Darlene-CH
 1:00 Exercise Fun-CH
 2:30 Music with Deb-CH
 4:00 Social Visits/1:1's-AA

17 ST. PATRICK'S DAY
 10:00 Fancy Nails-AA
 11:00 Social Visits/1:1's-AA
 1:00 St. Patrick's Day Trivia-DR



18
 9:00-10:00 Faith Sunday School Kids-CH
 10:00 Worship with Pastor Jim-CH
 10:45 Social Visits/1:1's-AA
 1:00 "St. Patrick's Day" Hangman-CH
 2:00 Bingo with Laura-DR

19
 9:30 Strong Spirits and Movements-CH
 1:00 Reminiscing Group-DR
 2:00 Bird Club-DR
 4:00 Social Visits/1:1's-AA

20 FIRST DAY OF SPRING
 10:00 Catholic Service-CH
 10:30 Havin' A Ball-CH
 11:00 Social Visits/1:1's-AA
 1:00 Blackjack with Jim-DR
 2:00 Monthly Birthday Party-DR
 6:15 Bible Study w/Maynard-CH

21
 10:00 Faith Lutheran Church-CH
 11:00 Social Visits/1:1's-AA
 1:00 Exercise-CH
 1:30 Birchwood Support Group-CH
 2:30 Table Games-DR
 5:30 Planet Earth Documentary-CH

22
 9:30 Rosary Group-CH
 10:00 Dog Visits-AA
 10:30 Fun with Pre-Schoolers-CH
 1:00 Basic Weights-CH
 2:00 Bingo w/ Hastings Vet Home-DR
 5:30 Social Visits/1:1's-AA

23
 10:00 Exercise Fun-CH
 1:00 Penny Pitch-CH
 2:00 Music with Bob Scoggin-DR
 4:00 Social Visits/1:1's-AA

24
 12:00 Fancy Nails-AA
 2:00 Metro Boys Choir-CH
 3:30 Social Visits/1:1's-AA

25 PALM SUNDAY
 1:00 "Television" Hangman-CH
 2:00 Social Visits/1:1's-AA
 3:30 Worship with Forest Lake Christian Church-CH

26
 9:30 Strong Spirits and Movements-CH
 1:00– 3:00 Spa Day-CH
 4:00 Social Visits/1:1's-AA

27
 10:00 Catholic Service-CH
 10:30 Havin' A Ball-CH
 11:00 Social Visits/1:1's-AA
 1:00 Bible Study with Jim-DR
 2:00 Card Boutique-AA
 3:15 Men's Group @ Arbors-Lobby
 6:15 Bible Study w/Maynard-CH

28
 10:00 Worship with Jim-CH
 11:00 Social Visits/1:1's-AA
 1:00 Exercise-CH
 2:00 Table Games-DR
 5:30 Planet Earth Documentary-CH

29 MAUNDY THURSDAY
 9:30 Rosary Group-CH
 10:00 Dog Visits-AA
 1:00 Basic Weights-CH
 2:00 Bingo-DR
 3:30 Maundy Thursday Service-CH
 5:30 Social Visits/1:1's-AA

30 GOOD FRIDAY
 9:30 Hymn Sing-CH
 10:00 Good Friday Service-CH
 1:00 Exercise-CH
 2:00 Movie– Wild Hogs-CH
 4:00 Social Visits/1:1's-AA

31 PASSOVER
 12:00 Fancy Nails-AA
 2:00 "Military" Trivia-DR
 3:30 Social Visits/1:1's-AA

