




# February

# Birchwood Wellness Calendar

# 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>O = Outside FS = Fireside L=Lobby CH = Chapel WL = West Lounge DR= 1st floor dining room AA = All Around</p>				<p>1 9:30 Rosary Group-CH 10:00 Dog Visits-AA 1:00 Basic Weights-CH 2:00 Bingo-DR 5:30 Social visits/1:1's-AA</p>	<p>2 <u>GROUNDHOG DAY</u> 9:30 Hymn Sing-CH 10:00 Exercise Fun-CH 1:00 Penny Pitch-CH 3:00 Groundhog Day Trivia-DR 6:30 Bingo with Eagle Brook-DR</p>	<p>3 12:00 Fancy Nails-AA 2:00 February Trivia-DR 3:30 Social Visits/1:1's-AA</p>
<p>4 <u>SUPER BOWL SUNDAY</u> 10:00 Worship with Brad-CH 10:45 Social Visits/1:1's-AA 1:00 Super Bowl Trivia-DR</p> 	<p>5 9:30 Strong Spirits and Movements-CH 1:00 Garden Group-DR 2:00 Music with Ron-DR 4:00 Social Visits/1:1's-AA</p>	<p>6 10:00 Catholic Service-CH 11:00 Social Visits/1:1's-AA 1:00 Havin' A Ball-CH 2:00 Blackjack with Jim-DR 3:30 Travels with Jim- Dominican Republic-CH 6:15 Bible Study w/Maynard-CH</p>	<p>7 10:00 Worship with Crossroads-CH 11:00 Social Visits/1:1's-AA 1:00 Valentine's Day Card Making with Laura-DR 2:00 Table Games-DR 5:30 Animal Facts-CH</p>	<p>8 9:30 Rosary Group-CH 10:00 Dog Visits-AA 1:00 Basic Weights-CH 2:00 Bingo-DR 5:30 Social Visits/1:1's-AA</p>	<p>9 <u>WINTER OLYMPICS START</u> 10:00 Card Making with Darlene-CH 1:00 Exercise Fun-CH 2:00 Movie- "Ever After"-CH 4:00 Social Visits/1:1's-AA</p>	<p>10 12:00 Fancy Nails-AA 2:00 "Olympics" Trivia-DR 3:30 Social Visits/1:1's-AA</p>
<p>11 10:00 Worship with Chisago Lakes Baptist Church-CH 10:45 Social Visits/1:1's-AA 1:00 "Olympics" Hangman-DR</p>	<p>12 9:30 Strong Spirits and Movements-CH 10:00 Resident Council-CH 2:00 Bird Club-DR 3:00 Get to Know Olympics-South Korea-CH 4:00 Social Visits/1:1's-AA</p>	<p>13 10:00 Catholic Service-CH 10:30 Havin' A Ball-CH 11:00 Social Visits/1:1's-AA 1:00 Bible Study with Jim-DR 2:00 Lioness Bingo-DR 3:15 Men's Group @ Arbors-Lobby 6:15 Bible Study w/Maynard-CH</p>	<p>14 <u>VALENTINE'S DAY/ASH WED.</u> 10:00 Ash Wednesday Service with Jim-CH 11:00 Social Visits/1:1's-AA 1:00 Exercise-CH 2:00 Valentine's Day Party with Music by Mary Hall-DR 5:30 Animal Facts-CH</p>	<p>15 9:30 Rosary Group-CH 10:00 Dog Visits-AA 1:00 Basic Weights-CH 2:00 Bingo-DR 5:30 Social Visits/1:1's-AA 6:30 Music with Kelly-CH</p>	<p>16 9:30 Hymn Sing-CH 1:00 Exercise Fun-CH 2:30 Music with Deb-CH 4:00 Social Visits/1:1's-AA</p>	<p>17 12:00 Fancy Nails-AA 2:00 President Trivia-DR 3:30 Social Visits/1:1's-AA</p>
<p>18 10:00 Worship with Pastor Jim-CH 10:30 Social Visits/1:1's-AA 1:00 "President " Hangman-CH 2:00 Bingo with Laura-DR</p>	<p>19 <u>PRESIDENTS' DAY</u> 9:30 Strong Spirits and Movements-CH 1:00 Gardening Group-DR 2:30 Documentary- "The Presidents of World Power"-CH 4:00 Social Visits/1:1's-AA</p>	<p>20 10:00 Catholic Service-CH 10:30 Havin' A Ball-CH 11:00 Social Visits/1:1's-AA 1:00 Blackjack with Jim-DR 2:00 Monthly Birthday Party-DR 6:15 Bible Study w/Maynard-CH</p>	<p>21 10:00 Faith Lutheran Church-CH 11:00 Social Visits/1:1's-AA 1:00 Exercise-CH 1:30 Birchwood Support Group-CH 2:30 Table Games-DR 5:30 Animal Facts-CH</p>	<p>22 9:30 Rosary Group-CH 10:00 Dog Visits-AA 1:00 Basic Weights-CH 2:00 Bingo-DR 5:30 Social Visits/1:1's-AA</p>	<p>23 10:00 Exercise Fun-CH 1:00 Penny Pitch-CH 2:00 Music with Vinnie-DR 4:00 Social Visits/1:1's-AA</p>	<p>24 12:00 Fancy Nails-AA 2:00 Famous Faces Trivia-DR 3:30 Social Visits/1:1's-AA</p>
<p>25 9:00-10:00 Faith Sunday School Kids-CH 1:00 "Famous Names" Hangman-CH 2:00 Social Visits/1:1's-AA 3:30 Worship with Forest Lake Christian Church-CH</p>	<p>26 9:30 Strong Spirits and Movements-CH 1:00 Reminiscing Group-DR 2:00 Bird Club-DR 4:00 Social Visits/1:1's-AA</p>	<p>27 10:00 Catholic Service-CH 10:30 Havin' A Ball-CH 11:00 Social Visits/1:1's-AA 1:00 Bible Study with Jim-DR 2:00 Table Games-DR 3:15 Men's Group @ Arbors-Lobby 6:15 Bible Study w/Maynard-CH</p>	<p>28 10:00 Worship with Jim-CH 11:00 Social Visits/1:1's-AA 1:00 Exercise-CH 2:00 Movie &amp; Popcorn-CH 5:30 Animal Facts-CH</p>	<p>This calendar is subject to change. Please watch bulletin board by main dining room for any changes.</p>	